

AUGUST 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Focusing on these 3 projects: <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____					1	2
3	4	5	6	7	8	9
	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	
10	11	12	13	14	15	16
	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	
17	18	19	20	21	22	23
	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	
24/31	25	26	27	28	29	30
	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	

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Tiny Steps Tracker

Track your progress one tiny step and one day at a time.

My #1 Project:

My #2 Project:

My #3 Project:

I'm going to reward my progress with....

Goal #1	Goal#2	Goal#3
<input type="radio"/> August 1	<input type="radio"/> August 1	<input type="radio"/> August 1
<input type="radio"/> August 2	<input type="radio"/> August 2	<input type="radio"/> August 2
<input type="radio"/> August 3	<input type="radio"/> August 3	<input type="radio"/> August 3
<input type="radio"/> August 4	<input type="radio"/> August 4	<input type="radio"/> August 4
<input type="radio"/> August 5	<input type="radio"/> August 5	<input type="radio"/> August 5
<input type="radio"/> August 6	<input type="radio"/> August 6	<input type="radio"/> August 6
<input type="radio"/> August 7	<input type="radio"/> August 7	<input type="radio"/> August 7
<input type="radio"/> August 8	<input type="radio"/> August 8	<input type="radio"/> August 8
<input type="radio"/> August 9	<input type="radio"/> August 9	<input type="radio"/> August 9
<input type="radio"/> August 10	<input type="radio"/> August 10	<input type="radio"/> August 10
<input type="radio"/> August 11	<input type="radio"/> August 11	<input type="radio"/> August 11
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<input type="radio"/> August 31	<input type="radio"/> August 31	<input type="radio"/> August 31