

ABOUT *You*

Q1: What gives *you* your *powers*?

Q2: What are *your* top 5 *achievements* in life?

Q3: What are the top 5 *challenges* you've faced in life?

Q4: What are your current *hobbies* and *pastimes*?

Q5: What do you personally *value*?

Choose 5 values from the list on the next page (or add your own).

Values

Accountability	Discipline	Humility	Self-actualization
Accuracy	Discretion	Independence	Self-control
Achievement	Diversity	Ingenuity	Selflessness
Adventurousness	Dynamism	Inner Harmony	Self-reliance
Altruism	Economy	Inquisitiveness	Sensitivity
Ambition	Effectiveness	Insightfulness	Serenity
Assertiveness	Efficiency	Intelligence	Service
Balance	Elegance	Intellectual Status	Shrewdness
Being the best	Empathy	Intuition	Simplicity
Belonging	Enjoyment	Joy	Soundness
Boldness	Enthusiasm	Justice	Speed
Calmness	Equality	Leadership	Spontaneity
Carefulness	Excellence	Legacy	Stability
Challenge	Excitement	Love	Strategic
Cheerfulness	Expertise	Loyalty	Strength
Clear-mindedness	Exploration	Making a difference	Structure
Commitment	Expressiveness	Mastery	Success
Community	Fairness	Merit	Support
Compassion	Faith	Money	Teamwork
Competitiveness	Family-orientedness	Obedience	Temperance
Consistency	Fidelity	Openness	Thankfulness
Contentment	Fitness	Order	Thoroughness
Continuous Improvement	Fluency	Originality	Thoughtfulness
Contribution	Focus	Perfection	Timeliness
Control	Freedom	Piety	Tolerance
Cooperation	Fun	Positivity	Traditionalism
Correctness	Generosity	Practicality	Trustworthiness
Courtesy	Goodness	Preparedness	Truth-seeking
Creativity	Grace	Professionalism	Understanding
Curiosity	Growth	Prudence	Uniqueness
Decisiveness	Happiness	Quality-orientation	Unity
Democraticness	Hard Work	Reliability	Usefulness
Dependability	Health	Resourcefulness	Vision
Determination	Helping Society	Restraint	Vitality
Devoutness	Holiness	Results-oriented	
Diligence	Honesty	Rigor	
	Honor	Security	